


## Nutritional Summary: Frozen Bakery

		SERVING SIZE	CALORIES	FAT (g)	SATURATED (g)	TRANS (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBOHYDRATE (g)	FIBRE (g)	SUGARS (g)	PROTEIN (g)	VITAMIN A (% daily value)	VITAMIN C (% daily value)	CALCIUM (% daily value)	IRON (% daily value)	INGREDIENTS
07574	Mini Patty Shells	55 g	220	15	8	0.2	5 mg	190	19	1	1	3	0	0	0	10	Enriched Wheat Flour, Palm Oil Margarine (Soy Lecithin), Water, High Fructose Corn Syrup, Salt and Ascorbic Acid.
07569	Patty Shells	47 g	190	13	7	0.2	5 mg	160	16	1	1	3	0	0	0	10	Enriched Wheat Flour, Palm Oil Margarine (Soy Lecithin), Water, High Fructose Corn Syrup, Salt and Ascorbic Acid
18463	Puff Pastry Sheets	51 g	200	12	6	0.1	5 mg	170	20	1	1	3	0	0	0	8	Enriched Wheat Flour, Palm Oil Margarine (Soy Lecithin), Water, High Fructose Corn Syrup, Salt and Ascorbic Acid