



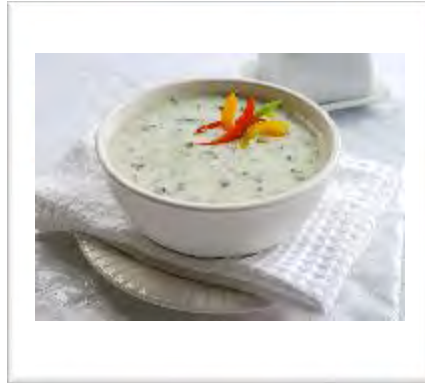
SOUP GARNISHING BASICS

Vegetable Garnishes



Vegetarian Vegetable

Garnished with
Alfalfa Sprouts



Cream of Spinach

Garnished with
Strips of Red, Green &
Orange Bell Peppers



Triple Mushroom Fusion

Garnished with
Shiitake Mushrooms



Creole Chicken Gumbo

Garnished with
Pan-seared Cherry
Tomatoes*

Other Vegetable/Fruit Garnish Ideas:

- Avocado Slices
- Roasted Garlic
- Bean Sprouts
- Cherry Tomatoes
- Cucumber Slices
- Capers
- Tofu
- Stuffed Olives
- Diced Tomatoes
- Sun-dried Tomatoes
- Apple Slices
- Pear Slices
- Delicate Peels or Gratings of Colourful Vegetables
- Thinly Sliced Vegetables

*Pan-seared Cherry Tomatoes heated in oil until skin wrinkles which gives a slightly charred appearance.