


Nutritional Summary: Primepuree

		SERVING SIZE	CALORIES	FAT (g)	SATURATED (g)	TRANS (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBOHYDRATE (g)	FIBRE (g)	SUGARS (g)	PROTEIN (g)	VITAMIN A (RE)	VITAMIN C (mg)	CALCIUM (mg)	IRON (mg)	INGREDIENTS
11500	Fish Newburg	100 g	160	8	1.5	0.0	25 mg	420	6	1	1	17	0 RE	0 mg	22 mg	1.12 mg	POLLOCK, WATER, SALMON, GARBANZO BEANS, SOY PROTEIN ISOLATE, CREAM (MILK), POTATO FLAKES (MONO AND DIGLYCERIDES, SODIUM PHOSPHATE, CITRIC ACID), CANOLA OR SOYBEAN OIL, DEXTROSE, SALT, XANTHAN AND LOCUST BEAN GUM, SOY LECITHIN, LEMON JUICE CONCENTRATE, BEAN SPROUTS, YEAST EXTRACT, SPICES, FLAVOUR (COD), DEHYDRATED GARLIC.
12620	Honey Ham	100 g	180	12	2.5	0.1	30 mg	400	5	1	2	14	0 RE	3.6 mg	22 mg	1.12 mg	HAM (PORK, WATER, SALT, SUGAR, SODIUM PHOSPHATE, SODIUM ASCORBATE, SODIUM NITRITE), WATER, PORK, CHICK PEAS, CANOLA OR SOYBEAN OIL, SOY PROTEIN ISOLATE, BROWN SUGAR, DIJON MUSTARD (VINEGAR, WATER, MUSTARD SEED, SALT, WHITE WINE, CITRIC ACID, TARTARIC ACID, SPICE), XANTHAN AND LOCUST BEAN GUM, SOY LECITHIN, FLAVOUR, BEAN SPROUTS, SPICE
11503	Roast Beef	100 g	190	12	4	0.5	30 mg	300	7	4	1	14	0 RE	1.2 mg	22 mg	1.4 mg	BEEF, WATER, KIDNEY BEANS, CANOLA OR SOYBEAN OIL, SOY PROTEIN ISOLATE, FLAVOUR, SALT, VINEGAR, SOY LECITHIN, CARAMEL, BEAN SPROUTS, XANTHAN AND LOCUST BEAN GUM, SPICE
11502	Roast Chicken	100 g	170	10	3	0.0	40 mg	320	4	2	1	15	0 RE	0 mg	22 mg	1.12 mg	CHICKEN, WATER, CHICK PEAS, CHICKEN FAT, SOY PROTEIN ISOLATE, FLAVOUR, WHITE WINE VINEGAR, SALT, XANTHAN AND LOCUST BEAN GUM, SOY LECITHIN, YEAST EXTRACT, BEAN SPROUTS, SPICE
11499	Roast Pork	100 g	240	17	7	0.0	20 mg	250	6	2	1	14	0 RE	0 mg	22 mg	0.84 mg	Pork, Water, Red Lentils, Lard, Soy Protein Isolate, Seasoning (Salt, Yeast Extract and Hydrolyzed Soy, Corn and Wheat Gluten, Garlic Powder, Onion Powder, Spices, Disodium Guanylate, Disodium Inosinate), Cider Vinegar, Soy Lecithin, Bean Sprouts, Xanthan and Locust Bean Gum and Flavour.
11498	Roast Turkey	100 g	180	11	3.5	0.0	25 mg	310	7	2	1	13	0 RE	0 mg	22 mg	0.84 mg	Turkey, Water, Red Lentils, Chicken Fat, Soy Protein Isolate, Seasonings (Salt, Yeast Extract and Hydrolyzed Soy, Corn and Wheat Gluten, Garlic Powder, Onion Powder, Corn Maltodextrin, Spices, Soybean Oil Shortening), Cider Vinegar, Soy Lecithin, Xanthan and Locust Bean Gum, Bean Sprouts, Sage Flavour, Disodium Guanylate and Disodium Inosinate.