


Nutritional Summary: Garden Puree

		SERVING SIZE	CALORIES	FAT (g)	SATURATED (g)	TRANS (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBOHYDRATE (g)	FIBRE (g)	SUGARS (g)	PROTEIN (g)	VITAMIN A (RE)	VITAMIN C (mg)	CALCIUM (mg)	IRON (mg)	INGREDIENTS
15696	Buttered Peas	100 g	120	5	1	0.0	0 mg	120	13	5	5	5	20 RE	2.4 mg	44 mg	1.4 mg	PEAS, WATER, CANOLA OR SOYBEAN OIL, PEA HULL FIBRE, XANTHAN AND LOCUST BEAN GUM, BUTTER (MILK), SOY LECITHIN, FLAVOUR, DEHYDRATED GARLIC, ONION POWDER, SALT
15697	Creamy Corn	100 g	120	5	1	0.0	0 mg	120	17	5	2	2	0 RE	1.2 mg	0 mg	0.28 mg	CORN, WATER, CANOLA OR SOYBEAN OIL, PEA HULL FIBRE, XANTHAN AND LOCUST BEAN GUM, BUTTER (MILK), MODIFIED CORN STARCH, SOY LECITHIN, SALT
15699	Green Beans	100 g	100	5	1	0.0	0 mg	120	11	5	4	2	20 RE	2.4 mg	44 mg	0.56 mg	GREEN BEANS, WATER, CANOLA OR SOYBEAN OIL, PEA HULL FIBRE, POTATO FLAKES (MONO AND DIGLYCERIDES, SODIUM PHOSPHATE, CITRIC ACID), DEXTROSE, XANTHAN AND LOCUST BEAN GUM, MODIFIED CORN STARCH, BUTTER (MILK), SALT
15698	Sweet Carrots	100 g	90	5	1	0.0	0 mg	120	9	5	5	1	200 RE	0 mg	22 mg	0.28 mg	CARROTS, WATER, CANOLA OR SOYBEAN OIL, PEA HULL FIBRE, CARROT JUICE CONCENTRATE, DEXTROSE, XANTHAN AND LOCUST BEAN GUM, SPICE, SOY LECITHIN, FLAVOUR (MILK), SALT