



Nutrition Facts

Serving Size	1 12th recipe
Amount Per Serving	
Calories	290
% Daily Value	
Total Fat	16g 25%
Saturated Fat	g 0%
Cholesterol	45mg 15%
Sodium	1280mg 53%
Total Carbohydrate	25g 8%
Dietary Fiber	5g 20%
Protein	14g 28%
Vitamin A	% Vitamin C %
Calcium	% Iron %



Total Time
**NOT
AVAILABLE**

Serving Size
1 12TH RECIPE

Difficulty
EASY

Yields
12

INSTRUCTIONS

1. Prepare soup with water as directed.
2. Sauté turkey, chili powder, salt and pepper in oil for 5 to 8 minutes or until turkey is browned and cooked through.
3. Stir turkey mixture into soup; bring to simmer. Cook for about 5 minutes or until heated through. Stir in lime juice.



Tip

For each portion, ladle 1 1/3 cups (330 mL) into bowl; garnish with 2 slices avocado, slices of 1/2 radish, 1 tbsp (15 mL) sour cream, 1 tbsp (15 mL) feta cheese, 2 tsp (10 mL) green onions and 1 tsp (5 mL) cilantro.