



Total Time
50 MIN.

Serving Size
8 OZ / 250 ML

Difficulty
EASY

Yields
22

A mouthwatering puree of sweet potatoes, cream and Campbell's® Condensed Chicken Broth combined with a touch of spices and maple syrup creates a rich and indulgent soup...perfect for those chilly days.

INGREDIENTS	WEIGHT	MEASURE
Vegetable Oil	2 tsp	10 mL
Onions, diced	4 1/2 oz	135 g
Nutmeg	1 tsp	5 mL
Cinnamon	1/2 tsp	3 mL
Sweet Potatoes, peeled and diced	74 oz	2 11/50 kg
Campbell's® Condensed Chicken Broth	48 oz	1 1/2 L
Water	4 cups	1 L
Cream	10 oz	300 mL
Maple Syrup	5 oz	150 mL

INSTRUCTIONS

1. Sauté onions in oil over medium heat. Add nutmeg and cinnamon with sweet potatoes and stir to mix.
2. Add broth and water. Bring to a boil then simmer until vegetables are tender (approx. 1/2 hour).
3. Blend using a stick blender. Add cream and maple syrup and heat through but do not boil.