





<b>Nutrition Facts</b>		
Serving Size	1 Puff	
Amount Per Serving		
Calories 290		
	% Daily Value	
Total Fat 19g	29%	
Saturated Fat g	0%	
Cholesterol 55mg	18%	
Sodium 790mg	33%	
Total Carbohydrate 21g	7%	
<b>Dietary Fiber</b> 3g	12%	
Protein 10g	20%	
Vitamin A %	Vitamin C %	
Calcium 20%	Iron %	

## Total Time 60 MIN.

## Serving Size 1 PUFF

**MEDIUM** 

Yields 30

Each of these tender, golden brown packages holds a savoury surprise - a luscious mixture of spinach, mushrooms and tangy feta.

INGREDIENTS	WEIGHT	MEASURE
Campbell's® Classic Cream of Mushroom Soup	1 can (48 oz)	1 can (1.36L)
milk	6 cups	19/25 L
frozen chopped spinach, thawed and drained	2 1/2 lbs	17/50 kg
olive oil	1/3 cup	75 mL
thinly sliced mushrooms (about 10 cups)	2 lbs	908 g
finely crumbled feta cheese	3 3/4 cup	930 mL
finely chopped green onions	11/4 cup	300 mL
finely chopped fresh parsley	1/3 cup	75 mL
minced garlic	2 tbsp	30 mL
salt and pepper	11/4 tsp each	6 mL each
large eggs	3 (15 oz chacune)	3 mL each
Pepperidge Farm® Puff Pastry, thawed but still cold	5 sheets	5 sheets







## **INSTRUCTIONS**

- 1. Preheat oven to 400°F (200°C). Spray thirty muffin cups with cooking spray.
- 2. In a large saucepan, reconstitute *Campbell's*® Classic Cream of Mushroom Soup with milk according to package directions, whisking until smooth. Set aside.
- 3. Working over colander, squeeze spinach until all moisture has been removed. Set aside.
- 4. Heat oil in an extra large skillet set over medium-high heat. Sauté mushrooms for 6 to 8 minutes, or until golden brown. Remove from heat and set aside.
- 5. Mix together spinach, feta, green onions, parsley, garlic, sautéed mushrooms and 2 1/2 cups (625 mL) reconstituted soup. Season with salt and pepper.
- 6. Place sheets of pastry on floured work surface; cut each sheet into 6 squares.
- 7. Place one square of pastry into each prepared muffin cup, pressing pastry against the side of the cup and letting excess hang over edge. Spoon 1/4 cup (60 mL) spinach mixture into each cup. Fold corners of pastry over the filling, pinching them together in the centre.
- 8. Beat eggs with 3 tbsp (45 mL) water. Brush pastry with egg wash.
- 9. Bake in preheated oven about 20 to 25 minutes, or until pastry is golden and puffed. Run a sharp knife between each puff and muffin cup.
- 10. Meanwhile, heat remaining reconstituted *Campbell's*® Signature Cream of Mushroom Soup in a saucepan set over medium heat.
- 11. Pour 1/3 cup (75 mL) soup onto each plate. Top with 1 Spinach and Mushroom Puff per plate. Serve immediately.