



Nutrition Facts

Serving Size 1 12th recipe

Amount Per Serving

Calories 320

% Daily Value

Total Fat 15g **23%**

Saturated Fat 7g **35%**

Cholesterol 60mg **20%**

Sodium 1530mg **64%**

Total Carbohydrate 31g **10%**

Dietary Fiber 4g **16%**

Protein 17g **34%**

Vitamin A % Vitamin C %

Calcium % Iron %



Total Time
**NOT
AVAILABLE**

Serving Size
1 12TH RECIPE

Difficulty
EASY

Yields
12

INSTRUCTIONS

1. Prepare soup with water as directed.
2. Stir pulled pork, barbecue sauce and paprika into soup; bring to simmer. Cook for about 5 minutes or until heated through.



TIP

For each portion, ladle 1 1/3 cups (330 mL) into bowl; garnish with 2 tbsp (30 mL) cheese, 1 tbsp (15 mL) sour cream and 2 tsp (10 mL) green onions.