



Total Time
30 MIN.

Serving Size
½ CUP / 125 ML

Difficulty
EASY

Eat your colours! For the health-conscious, this colourful combination of broccoli, carrots and rice provides great presentation and flavour appeal.

Yields
20

INGREDIENTS

	WEIGHT	MEASURE
Campbell's® Condensed Chicken Broth	48 oz	11/2 L
Water	48 oz	11/2 L
Rice, parboiled, raw	48 oz	11/2 L
Lemon Juice	2 tbsp	30 mL
Broccoli Cuts	14 oz	420 g
Carrot, shredded	6 oz	180 g

INSTRUCTIONS

1. Heat broth and water to boiling. Add rice and lemon juice. Cover and cook on low for 15 minutes.
2. Add broccoli and carrot. Stir well to mix. Cover and continue cooking 5 more minutes until rice is tender and vegetables are just cooked.
3. Fluff rice with fork before serving.



Tip

Replace broccoli with peas or corn.