

MEDITERRANEAN GREEK TOMATO SOUP MADE WTH CAMPBELL'S® CONDENSED TOMATO SOUP



Nutrition Facts Serving Size Amount Per Serving	250 mL		
Calories 185			
	% Daily Value		
Total Fat 9g	14%		
Saturated Fat 3.1g	16%		
Cholesterol 14mg	5%		
Sodium 767mg	32%		
Total Carbohydrate 21.1g	7%		
Dietary Fiber 1.4g	6%		
Protein 4.4g	9%		
Vitamin A %	Vitamin C %		
Calcium 9%	Iron 7%		

Total Time 30 MIN.

Serving Size 250 ML

Difficulty **EASY**

Yields

A Greecian spin on tomato soup made with feta cheese, olives, red wine vinegar, olive oil, cucumber, and spices

INGREDIENTS	WEIGHT	MEASURE
olive oil	1/4 cup	60 mL
garlic, minced	2 1/4 tbsp	30 mL
black olives, pitted, chopped, drained	11/4 cup	250 mL
Campbell's® Condensed Tomato Soup	11/4 can	
water	5 cups	1 3/10 L
kosher salt	1/2 tsp	2 1/2 mL
black pepper, ground	1/4 tsp	11/4 mL
feta cheese, crumbled	11/4 cup	310 mL
fresh parsley, chopped	2 tbsp	30 mL
red wine vinegar	1/2 cup	125 mL
cucumber, peeled, seeded, diced	3/4 cup	180 mL

INSTRUCTIONS

- 1. Using a large sauce pot, heat half the oil over medium heat.
- 2. Add garlic. Lightly toast, about 1-2 minutes.
- 3. Add black olives, Campbell's® Condensed Tomato Soup, water, salt and pepper. Simmer for 15 minutes over low to medium heat.
- 4. Add feta cheese, parsley and vinegar. Simmer for additional 1minute.
- 5. Finish with remaining oil.
- CCP: Heat to a minimum internal temperature of 74°C for 1 minute.
- CCP: Hold for hot service at 60°C or higher until needed.
- 6. To Serve: Portion 250 mL soup into serving bowl. Garnish with 15 mL diced cucumbers and a drizzle of remaining olive oil. Serve immediately.