



Nutrition Facts

Serving Size	1 12th recipe
Amount Per Serving	
Calories	390
% Daily Value	
Total Fat	19g29%
Saturated Fat	12g60%
Cholesterol	65mg22%
Sodium	1410mg59%
Total Carbohydrate	32g11%
Dietary Fiber	2g8%
Protein	14g28%
Vitamin A	%Vitamin C
Calcium	%Iron



Total Time
**NOT
AVAILABLE**

Serving Size
1 12TH RECIPE

Difficulty
EASY

Yields
12

INSTRUCTIONS

1. Prepare soup with water as directed.
2. Sauté leeks, garlic and thyme in butter for 3 to 5 minutes until softened.
3. Stir leek mixture into soup; simmer for 3 to 5 minutes or until tender. Stir in 2 cups (500 mL) Cheddar cheese; simmer over low heat for about 1 minute or until cheese is melted.



Tip

For each portion, ladle 1 1/3 cups (330 mL) into bowl; garnish with 1 tbsp (15 mL) bacon bits and 1 tsp (5 mL) chives.