



Nutrition Facts

Serving Size 1 12th recipe

Amount Per Serving

Calories 390

% Daily Value

Total Fat 19g **29%**

Saturated Fat 12g **60%**

Cholesterol 65mg **22%**

Sodium 1410mg **59%**

Total Carbohydrate 32g **11%**

Dietary Fiber 2g **8%**

Protein 14g **28%**

Vitamin A % Vitamin C %

Calcium % Iron %



Total Time
**NOT
AVAILABLE**

Serving Size
1 12TH RECIPE

Difficulty
EASY

Yields
12

INSTRUCTIONS

1. Prepare soup with water as directed.
2. Sauté leeks, garlic and thyme in butter for 3 to 5 minutes until softened.
3. Stir leek mixture into soup; simmer for 3 to 5 minutes or until tender. Stir in 2 cups (500 mL) Cheddar cheese; simmer over low heat for about 1 minute or until cheese is melted.



Tip

For each portion, ladle 1 1/3 cups (330 mL) into bowl; garnish with 1 tbsp (15 mL) bacon bits and 1 tsp (5 mL) chives.