



Nutrition Facts			
Serving Size	3 tacos		
Amount Per Serving			
Calories 440			
	% Daily Value		
Total Fat 20g	31%		
Saturated Fat 3g	15%		
Cholesterol 100mg	33%		
Sodium 1360mg	57%		
Total Carbohydrate 22g	7%		
Dietary Fiber 4g	16%		
Protein 42g	84%		
Vitamin A %	Vitamin C %		
Calcium %	Iron %		







P Tip

- Chicken can be cooked, shredded and refrigerated for up to 1 day.
- For seasonal toppings, try cubed sautéed squash and crispy shallots in the fall, or chopped tomatoes and peppers in the summer.

Tips:

Total Time 60 MIN.

Serving Size 3 TACOS

Difficulty MEDIUM

Yields 12 Lettuce leaves add freshness and crunch to these savoury chicken tacos. Toppings can be customized easily for seasonal flavours.

INGREDIENTS	WEIGHT	MEASURE
chicken breasts	12 (approx. 4 1/2 lb)	12 (approx. 2 kg)
olive oil	3/4 cup	175 mL
lime juice	1/2 cup	125 mL
chipotle in adobo, chopped	1/4 cup	60 mL
adobo sauce	3 tbsp	45 mL
minced garlic	2 tbsp	30 mL
salt	1 tsp	5 mL
Campbell's® Signature Mexicali Tortilla Condensed Soup	6 cups	11/2 L
chicken broth	2 cups	500 mL
Boston lettuce	36 leaves	36 leaves
thinly sliced radishes	11/2 cups	375 mL
thinly sliced red onions	11/2 cups	375 mL
avocados, peeled, pitted and thinly sliced		
chopped fresh cilantro	3/4 cup	175 mL

Lime wedges, for serving

CHIPOTLE CHICKEN LETTUCE TACOS





INSTRUCTIONS

1. Preheat oven to 400°F (200°C). Toss together chicken breasts, olive oil, lime juice, chipotle, adobo sauce, garlic and salt. Arrange on baking sheet in single layer; roast for 15 to 20 minutes or until internal temperature of chicken registers 165°F (74°C). Shred meat with two forks.

2. In large saucepan set over medium-high heat, combine shredded chicken, soup and chicken broth; bring to boil. Reduce heat and simmer for 10 to 15 minutes or until thickened and heated through. Keep warm for service (makes 12 cups/3 L).

Serving: Divide 1 cup (250 mL) chicken mixture among 3 leaves of Boston lettuce. Top each with 2 tsp (10 mL) sliced radishes, 2 tsp (10 mL) sliced onions, 1 slice avocado and 1 tsp (15 mL) cilantro. Arrange on plate and serve with lime wedges.