

CARAMELIZED ONION, MUSHROOM AND GRUYÈRE TARTLETS



Will be a second	
Nutrition Facts	
Serving Size	
Amount Per Serving	
Calories 100	
	% Daily Value
Total Fat 6g	9%
Saturated Fat g	0%
Cholesterol 15mg	5%
Sodium 125mg	5%
Total Carbohydrate 7g	2%
Dietary Fiber 1g	4%
Protein 3g	6%
Vitamin A %	Vitamin C %

Iron %

Total Time MIN.

Difficulty EASY

Yields 24

Serving Size

Rich onions, savoury mushrooms, gooey Gruyère – what else could anyone ask for in an appetizer?

INGREDIENTS	WEIGHT	MEASURE
Olive oil	1 tbsp	15 mL
1 yellow onion, thinly sliced		
unsalted butter	1 tbsp	15 mL
mushrooms, thinly sliced	1 lb	500 g
1 clove garlic, chopped		
dried thyme	1/2 tsp	2 mL
each salt and pepper	1/4 tsp	1 mL
Campbell's® Signature French Onion Soup	1/2 cup	125 mL
Pepperidge Farm® Puff Pastry, thawed but still cold	2 sheets	2 sheets
All-purpose flour, for rolling		
1 egg		
Water	1 tbsp	15 mL
shredded Gruyère cheese	1 cup	250 mL
finely chopped parsley	2 tbsp	30 mL

Calcium 4%



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INSTRUCTIONS

- 1. Preheat oven to 400°F (200°C). Line two baking sheets with parchment paper; set aside.
- 2. Heat olive oil in wide, heavy-bottomed skillet over medium-low heat. Cook onion, stirring occasionally, about 20 minutes or until golden brown and caramelized. Add butter and melt; add mushrooms. Increase heat to medium-high and sauté for 7 to 8 minutes or until mushrooms are golden brown. Add garlic, thyme, salt and pepper; cook for 1 minute.
- 3. Add soup (do not reconstitute), scraping up browned bits. Cook until all the liquid has evaporated, about 3 to 4 minutes. Remove from heat and set aside.
- 4. Place pastry sheets on lightly floured work surface. Using 3-inch (8 cm) diameter cookie cutter, cut out 12 circles from each piece of pastry, for a total of 24 circles. Place 1 inch (2.5 cm) apart on prepared baking sheets. Using a paring knife, score a line about 1/4-inch (5 mm) inside the edge of each round of pastry.
- 5. Whisk egg with water. Brush edges of pastry rounds with egg wash.
- 6. Place 1 tbsp (15 mL) onion and mushroom mixture in centre of each round, keeping filling within score marks. Sprinkle evenly with cheese.
- 7. Bake in preheated oven for 20 to 22 minutes, or until pastry is golden brown. Garnish with parsley.

Tip: Substitute any variety of Swiss cheese for the Gruyère. To eliminate waste, cut the pastry into rectangles instead of circles. Adjust filling amounts accordingly. Filling can be prepared a day in advance and refrigerated until ready to use.