



Nutrition Facts

Serving Size	1 12th recipe
Amount Per Serving	
Calories	410
% Daily Value	
Total Fat	18g28%
Saturated Fat	10g50%
Cholesterol	95mg32%
Sodium	1280mg53%
Total Carbohydrate	44g15%
Dietary Fiber	3g12%
Protein	18g36%
Vitamin A	%Vitamin C %
Calcium	%Iron %



Total Time  
**NOT  
AVAILABLE**

Serving Size  
**1 12TH RECIPE**

Difficulty  
**EASY**

Yields  
**12**

## INSTRUCTIONS

1. Prepare soup as directed.
2. Season steak with salt and pepper; sauté steak in oil for 3 to 5 minutes or until starting to brown. Stir in tomato paste; cook for 1 minute. Stir in Worcestershire; cook for 1 minute.
3. Stir steak mixture and noodles into soup; bring to simmer. Cook for about 5 minutes or until heated through.



### Tip

For each portion, ladle 1 1/3 cups (330 mL) into bowl; garnish with 1 tbsp (15 mL) sour cream and 2 tsp (10 mL) green onions.