



Nutrition Facts

Serving Size	1 12th recipe
Amount Per Serving	
Calories	270
% Daily Value	
Total Fat	10g15%
Saturated Fat	5g25%
Cholesterol	50mg17%
Sodium	1180mg49%
Total Carbohydrate	34g11%
Dietary Fiber	6g24%
Protein	13g26%
Vitamin A	%Vitamin C
Calcium	%Iron



Total Time
**NOT
AVAILABLE**

Serving Size
1 12TH RECIPE

Difficulty
EASY

Yields
12

INSTRUCTIONS

1. Prepare soup with water as directed.
2. Stir chicken, beans and barbecue sauce into soup; bring to simmer. Cook for 3 to 5 minutes or until heated through.



Tip

For each portion, ladle 1 1/3 cups (330 mL) into bowl; garnish with 2 tsp (10 mL) green onions.