

MADE TO SERVE



11340

3 x 1.81 kg (4lb) tub



A savoury soup made with hearty garden vegetables in a seasoned tomato broth.

MEGAN

Nutrition Facts	425
Serving Size	125 mL condensed
	(250 mL prepared)
Amount Per Serving	
Calories 80	Calories from Fat
	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 820mg	34%
Total Carbohydrate 17g	6%
Dietary Fiber 3g	12%
Sugars 8g	16%
Protein 2g	4%
Vitamin A 10%	Vitamin C 8%
Calcium 4%	Iron 4%
Vitamin E 0%	Thiamine 0%
Magnesium 0%	Zinc 0%
* Percent Daily Values are bas	ed on a 2,000 calorie

Nutrition Facts are based on our current data. However, because the data may change from time to time, this information may not always be identical to the Nutrition Facts table found on the labels of products.

INGREDIENTS

WATER, CARROTS, REHYDRATED POTATOES (CONTAIN SODIUM PHOSPHATE), DICED TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), TOMATO PASTE, GREEN BEANS, CABBAGE, CORN, CELERY, PEAS, ZUCCHINI, RED PEPPERS, MODIFIED CORN STARCH, SUGAR, SALT, DRIED ONIONS, VEGETABLEJUICE CONCENTRATES (CARROTS, CELERY, BEETS, PARSLEY, LETTUCE, WATERCRESS, SPINACH), DRIED GARLIC, SPICE EXTRACTS (CONTAIN CHILI PEPPERS), DRIED PARSLEY, CITRIC ACID, CARAMEL COLOUR, FLÁVOURS.

FEATURES AND BENEFITS

Easy to prepare: 1:1 Reconstitution with water (or milk for Seafood chowders).

Cooking Directions Remove plastic film 1) seafood chowders).

Place 1 tray (2 blocks) of soup in pot. 2) Ac

Our split pack tray results in quicker preparation time as it allows you to make half batches.

Our soups start with stocks, seasoning and other ingredients simmered to perfection. Vegetables are added last and therefore are cooked for the first time when you prepare the soup in your kitchen.

SERVING IDEAS

Create a signature Herb Tortellini Gorgonzola, add tortellini tossed in olive oil and fresh herbs and finish with crumbled gorgonzola cheese and chopped walnuts.
•Prepare a Thai-Style Vegetable Soup, add coconut milk, garlic and red chili paste. •Add canned diced tomatoes, canned beans and cooked tubetti pasta and served over pulled bread with olive oil for a Vegetable Ribolita.

PREPARATION

Cooking Directions Remove plastic film 1)
Place 1 tray (2 blocks) of soup in pot. 2) Add
one full tray (1.9 L or 8 cups) water and cover.
3) Heat to boiling (min. 80C/ 180F), stirring
occasionally. Reduce heat (70C/ 160F) and
cover. Stir periodically.

HANDLING

Do not re-freeze. Do not use if film is torn or missing.

STORAGE

Shelf Life: 21 months

Storage Temperature: -18C

MORE

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PACKAGING DETAILS					
Pack & Size:	3 x 1.81 kg (4lb) tub	Case Weight:	5.90 KG	UPC:	63211113402
Cube:	0.0111 M	Case Size:	45.09CM x 27.64CM x 7.80CM (L x W x H)	SCC-14:	10063211113409