

# SIGNATURE CHICKEN CORN CHOWDER WITH SWEET PEPPERS

Case Code  
**20322**

Pack & Size  
**4 x 1.81 kg (4 lb) pouch**



Rich and creamy with a hint of jalapeño and dash of lime, this zesty chowder takes chicken and sweet peppers from ordinary to extraordinary.

## Nutrition Facts

Serving Size	250 mL
Amount Per Serving	
Calories 200	Calories from Fat
	% Daily Value
<b>Total Fat</b> 10g	<b>15%</b>
<b>Saturated Fat</b> 2.5g	<b>13%</b>
<b>Trans Fat</b> 2g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 960mg	<b>40%</b>
<b>Total Carbohydrate</b> 21g	<b>7%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 4g	<b>8%</b>
<b>Protein</b> 7g	<b>14%</b>
Vitamin A 4%	Vitamin C 6%
Calcium 2%	Iron 6%
Vitamin E 0%	Thiamine 0%
Magnesium 0%	Zinc 0%

\* Percent Daily Values are based on a 2,000 calorie diet.  
Nutrition Facts are based on our current data.  
However, because the data may change from time to time, this information may not always be identical to the Nutrition Facts table found on the labels of products.

## INGREDIENTS

WATER, CORN, REHYDRATED POTATOES (CONTAIN SODIUM PHOSPHATE), SEASONED CHICKEN (SOY), CREAM, RED PEPPERS, CANOLA OIL, GREEN PEPPERS, ONIONS, ROASTED CORN, MODIFIED CORN STARCH, SALT, SUGAR, YEAST EXTRACT (BARLEY), JALAPEÑO PEPPERS, MODIFIED MILK INGREDIENT, LIME JUICE CONCENTRATE, SPICES, FLAVOUR (EGG, CELERY).

## FEATURES AND BENEFITS

Easy to prepare: Simply heat and serve  
Ready-to Serve pouch saves time and labour  
Consistent taste and appearance every time

## SERVING IDEAS

- Curried Chicken with Corn Dip or Spread  
Reduce Chicken Corn Chowder with Sweet Peppers and combine with yogurt and chili powder. Serve with peppers and cucumbers as a dip, or as a spread for seasoned Naan or flatbreads.
- Southwestern Chicken and Corn Enchilada Sauce  
Add a Tex-Mex twist to your menu with a kickin' chicken and corn sauce.
- Baked Spaghetti  
Simply pour over pasta for a Southwest-inspired dish.

## MORE

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## PREPARATION

Heat to 71°C (160°F) and hold for serving.  
Stir often. Do not dilute.

## HANDLING

Keep frozen at 0°F (-18°C) or below. Thaw pouches (35–40°F / 2–4°C) for up to 15 days.

## STORAGE

Shelf Life: 21 months

Storage Temperature: -18C

## PACKAGING DETAILS

<b>Pack &amp; Size:</b>	4 x 1.81 kg (4 lb) pouch	<b>Case Weight:</b>	7.75 KG	<b>UPC:</b>	63211203226
<b>Cube:</b>	0.0116 M	<b>Case Size:</b>	48.10CM x 24.61CM x 9.84CM (L x W x H)	<b>SCC-14:</b>	10063211203223