

# Verve<sup>®</sup> Moroccan Style Nine Vegetable



CASE CODE  
**24723**

PACK & SIZE  
**4 x 1.81 kg (4lb) pouch**



A fragrant vegetable broth infused with ginger and lemon -- bursting with a vibrant palette of nine vegetables, chickpeas and lentils.

- Fully Prepared: Pouch saves time and labour
- Easy to prepare: Ability to boil in the bag
- Consistent taste and appearance every time

## NUTRITION FACTS

Per 100 g

**Calories 56.55**

Total Fat 1.55 g

Saturated Fat 0 g

+ Trans Fat 0.01 g

Total Carbohydrate 10.21 g

Dietary Fibre 1.95 g

Sugars 3.29 g

Protein 1.76 g

Cholesterol 0.17 mg

Sodium 291.5 mg

Potassium 0 mg

Calcium 0 mg

Iron 0 mg

Nutrition Facts are based on our current data. However, because the data may change from time to time, this information may not always be identical to the Nutrition Facts table found on the labels of products.

## SPECIFICATIONS

Case Code	24723
Pack & Size	4 x 1.81 kg (4lb) pouch
Case Weight	7.64 kg
Case Size	28.42 cm x 24.61 cm x 18.73 cm
Cube	0.0130 m
UPC	063211247237

## Ingredients

Water, Diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Rehydrated potatoes (contains sodium phosphate), Chickpeas, Zucchini, Carrots, Lentils, Onions, Butternut squash, Cabbage, Celery, Sweet potatoes, Canola oil, Carrot juice concentrate, Dried potatoes (potatoes, mono- and diglycerides, sodium phosphate, citric acid), Garlic (in citric acid), Salt, Sugar, Potato starch, Spice extracts, Yeast extract, Lemon juice concentrate, Dried chili pepper, Dried parsley, Turmeric extract, Flavour.

## Preparation

This product has not been fully cooked before freezing. Carefully follow the recommended cooking directions to assure complete cooking.

1. From a frozen or thawed state, immerse pouch in boiling water
2. Heat product until 80° C / 180° F
3. Using a ladle or insulated gloves, remove pouch from water
4. Open Pouch: Make a cut with a knife near top of pouch. Carefully pour into steam table insert or holding kettle. Do not add water or milk.

## Serving Ideas

Place a small mound of couscous in the bottom of a bowl and have your server pour the soup over it at the table. Garnish with snipped

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fresh herbs such as mint or cilantro, couscous or grilled flatbread.

## **Storage & Handling**

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**Shelf Life :** 21 months

**Storage Temperature :** -18°C

Keep frozen until ready to use. Ready to Cook. Do not re-freeze. Do not use if pouch punctured or torn.