

# Pepperidge Farm® Goldfish® Whole Grain Cheddar



CASE CODE  
18167

PACK & SIZE  
12 x 180 g

NUTRITION FACTS

Per ½ cup (30 g)

| Calories 130           | % Daily Value* |
|------------------------|----------------|
| Total Fat 5 g          | 7%             |
| Saturated Fat 1 g      | 5%             |
| + Trans Fat 0 g        |                |
| Total Carbohydrate 0 g |                |
| Dietary Fibre 0 g      |                |
| Sugars 0 g             |                |
| Protein 4 g            |                |
| Cholesterol 5 mg       |                |
| Sodium 240 mg          | 10%            |
| Potassium 75 mg        | 2%             |
| Calcium 30 mg          | 2%             |
| Iron 1 mg              | 6%             |
| Thiamine 0.15 mg       | 13%            |
| Riboflavin 0.15 mg     | 12%            |
| Vitamin B6 1.5 mg      | 9%             |
| Folate 50 g            | 13%            |
| Copper 0.06 mg         | 7%             |
| Manganese 0.35 mg      | 15%            |

\*5% or less is a little. 15% or more is a lot.

Nutrition Facts are based on our current data. However, because the data may change from time to time, this information may not always be identical to the Nutrition Facts table found on the labels of products.

Goldfish® Cheddar made with Whole Grain uses REAL cheese, contains no artificial flavours, have 0 trans fat and is low in saturated fat.

- Baked, not fried, made with real cheese.
- Source of 7 vitamins and minerals
- No artificial flavours

## Ingredients

Whole grain wheat flour, Enriched wheat flour (niacin, iron, thiamine mononitrate, riboflavin, folic acid), Cheddar cheese (milk, bacterial culture, salt, enzymes, annatto), Vegetable oil (soybean, canola and/or sunflower), Salt, Yeast, Autolyzed yeast extract, Seasoning (contains paprika, celery, onion), Monocalcium phosphate, Baking soda.

## Storage & Handling

**SPECIFICATIONS**

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|             |            |
|-------------|------------|
| Case Code   | 18167      |
| Pack & Size | 12 x 180 g |
| Case Weight |            |
| Case Size   |            |
| Cube        |            |
| UPC         |            |
| SCC-14      |            |