PRODUCTS > SOUPS, STOCKS & BASES

Signature Creole Chicken Gumbo

Campbell's Foodservice

Campbell's SIGNATURE SOUPS

CASE CODE
08297

PACK & SIZE
3 x 1.81 kg (4lb) tub

Calorie Watch
Gluten Free
Low Fat
Low in Saturated Fat
Source of Fibre
Source of Potassium



A Louisiana-style gumbo made with diced tomatoes, okra, chicken, green peppers and rice, seasoned garlic.

- Easy to prepare: 1:1 Reconstitution with water (or milk for seafood chowders).
- Our split pack tray results in quicker preparation time as it allows you to make half batches.
- Our soups start with stocks, seasoning and other ingredients simmered to perfection. Vegetables are added last and therefore are cooked for the first time when you prepare the soup in your kitchen.

NUTRITION FACTS

Per 100 g

Calories 50.8	**% Daily Value***
Total Fat 0.4 g	
Saturated Fat 0.1 g	
+ Trans Fat 0 g	
Total Carbohydrate 9.6 g	
Dietary Fibre 1.3 g	
Sugars 2.2 g	
Protein 2.2 g	
Cholesterol 0.4 mg	
Sodium 636.1 mg	
Potassium 148.2 mg	
Calcium 29.6 mg	
Iron 0.6 mg	
Vitamin A 0 g	2%
Vitamin C 0 mg	2%

*5% or less is a little. 15% or more is a lot.

Nutrition Facts are based on our current data. However, because the data may change from time to time, this information may not always be identical to the Nutrition Facts table found on the labels of products.

SPECIFICATIONS

Case Code	08297
Pack & Size	3 x 1.81 kg (4lb) tub
Case Weight	5.90 kg
Case Size	45.09 cm x 27.64 cm x 7.80 cm

Ingredients

Chicken broth (water, chicken stock), Diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Onions, Okra, Seasoned chicken (soy), Celery, Green peppers, Tomato paste, Rice, Modified corn starch, Salt, Dried garlic, Yeast extract, Dried parsley, Sugar, Citric acid, Spices (contains chili pepper), Seasoning (mustard), Flavour.

Preparation

1. Remove plastic film.
2. Place 1 tray (2 blocks) of soup in pot.
3. Add one full tray (1.9 L or 8 cups) water and cover.
4. Heat to boiling (min. 80°C / 180°F), stirring occasionally. Reduce heat (70°C / 160°F) and cover. Stir periodically

Serving Ideas

As a soup, or ingredient in many of your favourite recipes. Add simple garnishes to create signature soups.

Storage & Handling

Shelf Life : 21 months

Storage Temperature : -18°C

Do not re-freeze. Do not use if film is torn or missing.

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Cube	0.011 m
UPC	063211082975
SCC-14	10063211082972

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